



*Killorglin Community
& Family Resource Centre CLG*

STRATEGIC PLAN

2025 – 2029



Building bridges in the community
for families and individuals



An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency





***Killorglin Community
& Family Resource Centre CLG***

ACKNOWLEDGEMENTS

Killorglin Community and Family Resource Centre would like to acknowledge and thank those who contributed and gave their time to the consultation process including our partner agencies, members of the public, service users, Board and staff.

We would also like to acknowledge the Board and Management team who collaborated with the consultants in the review and planning process, and in the development of this Plan.

This Strategic Plan was facilitated and developed by Aoife Collins and Aoife Dowling, Independent Facilitators and Research Consultants. The needs analysis was conducted by O'Raw Consultancy Independent Consultant.

FORWARD

I am delighted to present this Strategic Plan 2025-2029 for Killorglin Community and Family Resource Centre. This document sets out our strategic framework for the next five years and follows on from our previous plan 2019-2023.

We completed many achievements and successful outcomes under our last Plan. However, we had to adapt and change our actions and plans during the Covid-19 pandemic. We had to find new ways of communicating and working with individuals and families during this un-precedented time and I am very proud of how our staff successfully rose to the challenge.

Initially established in 2004, we have achieved a significant amount since our humble beginnings. This has included the development of a community childcare centre and increasing the staff team from 2 people to the 15 that are employed in the organisation at present.

This review and Plan are timely as it marks our twentieth year in existence. We are very proud to mark this important milestone with a new Strategic Plan as well as a new premises in the centre of Killorglin that helps us to expand our work and our impact.

I would like to thank those who contributed to the Plan, especially our staff, management team, our partner organisations and most importantly our service users. The process has provided a thorough and valuable insight into the need for our service across Mid Kerry. In addition, the wealth of experience, expertise and commitment to the provision of support to the local community that the Centre provides has been recognised and acknowledged by many, which we appreciate.

I would like to thank Paul O' Raw of O'Raw Consultancy for carrying out a comprehensive needs analysis. I also wish to compliment the authors

Aoife Collins and Aoife Dowling, for their research and facilitation and for bringing together, and capturing so clearly, the diversity of support offered to families across the generations. This research highlights and demonstrates the critical need for support in Killorglin and the wider Mid Kerry area and the review is firmly based on the ethos and values of Killorglin CFRC, those of Respect, Trust, Empowerment and Quality.

We have identified several priorities and objectives in this Strategic Plan, and we are confident in our ability to deliver on each of these over the next five years. An operational plan will be produced annually for each area to help us meet our goals. The Plan is ambitious and coming at an unprecedented time following the Covid-19 pandemic. It is therefore important that we remain flexible enough to meet the impact from this pandemic and any socio-economic challenges Ireland may face into the future on our service and on our community.

This review and planning process has also provided an opportunity to rebrand and relaunch as Killorglin Community and Family Resource Centre. This came about as we recognise that the needs in our

community are wide-ranging, we welcome everyone into our Centre, no matter whether they are a member of a family or not, and we are committed to supporting and empowering everyone in our community to have better outcomes now and in the coming years.

I would like to thank my fellow Board members for their contribution to this Strategic Plan and I know that we as a group look forward to working with the Manager, staff team, funders and service users to bring the goals identified to a successful conclusion.

Patrick O Donoghue

Chairperson

Killorglin Community and Family Resource Centre



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ABOUT KILLORGLIN COMMUNITY & FAMILY RESOURCE CENTRE

Introduction

Killorglin Community and Family Resource Centre (KCFRC) is part of the National Forum and Regional Forum of Family Resource Centres (FRC). During 2024 the organisation undertook a comprehensive research and strategic planning process to develop a new, evidence-based strategy that would cover the period 2025 – 2029. The aim of this process was to:

- review progress and learning from the period of the last strategic plan
- provide clarity to the organisation on its future direction and priorities
- support long term sustainability through consolidating recent growth and taking advantage of future growth opportunities; and,
- support the organisation to continue to respond effectively to current and emerging needs in the community and deliver quality support and advocacy services for families and communities living in the mid-Kerry region.

About Killorglin Community and Family Resource Centre

There are 121 FRC's across Ireland providing services and supports to local communities through the national Family and Community Services Resource Centre Programme. The aim of the FRC Programme is to combat disadvantage, improve the functioning of the family unit, and promote community participation and social inclusion.

KILLORGLIN COMMUNITY AND FAMILY RESOURCE CENTRE'S SERVICES



CHILDCARE

Both full and part time day care services are offered under the Early Childhood Care and Education Programme (ECCE) and the National Childcare Scheme, as well as after-schools club for primary school children. Children are bussed to and from local schools and a hot meal is served. The childcare service offers both 38 week and 52 week programmes, both subsidised under the ECCE and NCS. This enables families to access financial support with their early learning and childcare costs.

COMMUNITY DEVELOPMENT

The Centre provides community development resources and supports which facilitate the community to take an active and sustainable role in achieving their full potential. This includes supporting people to develop new groups, projects and programmes in the community. As part of this, we offer support with mental health issues, support to community groups, health and well-being initiatives, personal development courses, support and referral pathways for those dealing with substance misuse issues, support and information on pathways to further education and assistance with job-seeking.

SUPPORT FOR LOCAL GROUPS

Various community groups are supported by KCFRC including through the provision of space in the Centre for meetings etc. including the following Family Support, Grow It Yourself (GIY), Mountaineering Club, Rugby Club, Book Club, Parent and Toddler group, Kerry ETB, Knitting and Craft group, Residents Association.

PLAY & ART THERAPY

Play and art therapy is a creative approach that meets the child where he or she is, and utilises their language, art and play to facilitate growth, healing, resiliency and change. We offer both pathways and/or referrals to play & art therapies.

MEITHEAL SUPPORT

Meitheal is a national practice model to ensure that the needs and strengths of children and their families are effectively identified and understood and responded to in a timely way so that children and families get the help and support needed to improve children's outcomes and realise their rights. The Mid Kerry Child and Family Support Network oversees the Meitheal process in collaboration with the Prevention, Partnership and Family Support section of the Child and Family Agency (Tusla) for mid Kerry.

PARENT & FAMILY SUPPORTS

The KCFRC advocates and supports all who raise and take care of children by providing practical training and information programmes that assist parents and caregivers to deal with childhood issues. They also provide a one to one confidential service for parents and caregivers who may be experiencing a temporary block in how to deal with childhood or teenage issues that occur in every family. Foodshare is available to families supported by KCFRC to ensure availability of healthy food choices in homes.

COUNSELLING SERVICES

We offer counselling services both through pathways and/or referrals and these are provided in a non-judgmental atmosphere where clients are supported to recognise their own strengths and to build on them. Clients will be offered a sliding scale of fees, and this service is open to anyone from the age of 12 upward (parental consent is required for under 18's).

Table 1: Overview of Killorglin Family and Community Resource Centre's Services

One of 12 community and family resources centres in Co. Kerry, the Killorglin Centre was established in 2004. In late 2024 it celebrated 20 years serving the needs of individuals, families and groups in the mid-Kerry region. The Centre operates from community development principles and aims to provide supports to families and individuals and to break the cycle of family breakdown, poverty and social exclusion for individuals and families in the community of mid-Kerry. It is continually working to engage with, be accessible to and to meet the needs of the community, and to develop new programmes and services where possible.

Over the past twenty years, the organisation has expanded its premises, broadened its programme of services and built up a strong reputation among the local community, statutory agencies and the business sector. The Centre currently has two premises based in the heart of Killorglin town. It provides services and supports primarily to communities living in Killorglin, Glenbeigh, Glencar, Beaufort and Milltown as well as other pockets of mid-Kerry. As of April 2022, the population of the KCFRC catchment area was 14,138 (49% male and 51% female)¹.

KCFRC is core funded by Tusla, the Child and Family Agency and by Pobal. In the past it has also secured funding and grants from the Department of Social Protection, the HSE, Kerry Co Council, South Kerry Development Partnership and St. Finnian's Trust. The organisation provides a range of services and supports to the local community as outlined on the previous page.

KCFRC is governed by a voluntary Board of Trustees that rotate on a regular basis, in keeping with the company's constitution. The day to day running of the organisation is the responsibility of the Manager, who reports to the Board. The organisation employs a team of 15 staff comprising of the Manager, programme workers, administration staff as well as the childcare manager and childcare staff.

KCFRC is represented on several external networks and bodies. These include:

- The South Kerry Local Area Response Team which

supports new families under the International Protection Accommodation Services (IPAS) and Ukrainian Refugee Programme.

- The South Kerry Domestic Violence Steering Group promoting supports for victims of domestic violence.
- The Killorglin Chamber Alliance and the business referral and networking group BNI Kerry, to link and liaise with the local business sector.

Background to Family Resource Centres

There is substantial evidence of the importance and enduring influence of the family experience for the well-being of individuals and society in general. Stable healthy family relationships bring great benefits, while unstable and unhealthy family relationships have been shown to be harmful to both adults and children. In 1996, the Commission on the Family stated that,

*'The experience of family living is the single greatest influence on an individual's life and the family unit is a fundamental building block for society... It is in the family context that a person's basic emotional needs for security, belongingness, support and intimacy are satisfied.'*²

It is in this context that the Child and Family Agency's Family and Community Services Resource Centre Programme was established and created a network of Centres across the country to support the needs of families, particularly the most marginalised. Family Resource Centres are autonomous community organisations that deliver a range of universal and targeted services to families in disadvantaged areas

1 <https://data.cso.ie/>

2 Family Support Agency (2013) Strategic Framework for Family Support within the Family and Community Services Resource Centre Programme. P.10. Available at: https://www.tusla.ie/uploads/content/FSA_STRATEGIC_FRAMEWORK_FOR_FAMILY_SUPPORT_2013.pdf

across the country based on a life-cycle approach and in response to local needs.

The FRC National Forum which supports FRCs around the country has defined community based family support as:

“Supporting families and individuals in communities to identify their family and local needs; to collectively develop holistic responses and enhance participation in wider community life.”³

It also identified six core principles on which this community based family support work is based, and which inform the work of FRCs across the country including Killorglin CFRC. These are: Participation, Equality, Awareness raising, Early intervention, Strengths-based, and Advocacy.

The Strategic Framework for Family Support within the Family and Community Services Resource Centre Programme highlights that family support services which are community based and which the community are involved in, are more likely to be accessed by families and have been found to produce better outcomes for families.

The Family Resource Centre’s National Forum’s Strategic Plan sets out five outcomes that FRCs (as part of Tusla) should work towards for children, parents and the wider community where children live. These align with the national outcomes for children and young people within Young Ireland, the National Policy Framework for Children and Young People (2023)⁴. They are summarised in Table 2 below.

Outcome Area	Outcomes For Children And Their Parents
Health	Healthy physically, mentally and emotionally
Education	Supported in active learning
Safety	Safe from accidental and intentional harm; Secure in the immediate and wider physical environment.
Income	Economically secure
Participation	Part of positive networks of family, friends, neighbours and the community; Included and participating in society

Table 2. Outcomes to be achieved by Family Support Strategy

3 FRC National Forum Family Support Position Paper, published within the Family Support Agency Strategic Framework (2013), P 47

4 The National Outcomes in the National Policy Framework for Children and Young People (2013) are: Active and Healthy, Achieving in Learning and Development, Safe and Protected from Harm, Economic Security and Opportunity, and Connected, Respected and Contributing to their World.

About this Strategic Plan

KCFRC's new Strategic Plan 2025 – 2029 aligns with these five national outcomes, focussing on them as its key thematic priorities. Within each of these themes, the organisation has identified strategic objectives, targets and its vision of success, as well as defining the activities that will be undertaken to achieve these goals and key internal and external stakeholders in the process.

To ensure its new strategy would be evidence informed and up to date, Killorglin CFRC undertook a comprehensive process of research and planning in 2024 which was undertaken by independent consultants:

- In Spring 2024, an independent consultation process was undertaken in the community by O'Raw Consultancy to identify gaps and needs in its catchment area.
- In Autumn 2024, the organisation engaged independent consultants Aoife Collins and Aoife Dowling to: (a) produce a socio-demographic analysis of the Killorglin region, (b) to manage and facilitate a comprehensive review and planning process with the staff and Board of Trustees of the Organisation and (c) produce its Strategic Plan 2025 - 2029.

The following chapters provide an overview of the research that was undertaken, the strategic planning process and its conclusions. The Plan is broken down as follows:

- Chapter 1: About KCFRC and the background to Family Resource Centres in Ireland
- Chapter 2: Summary of the Organisational Review Process that was undertaken including key achievements and activities, challenges, learning and opportunities
- Chapter 3: Socio-demographic analysis of KCFRC catchment area
- Chapter 4: Summary of Local Consultations and Needs Analysis
- Chapter 5: KCFRC's Strategic Objectives for the next five years, as well as an overview of the activities planned to achieve its objectives.



**Killorglin Community
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KILLORGLIN CFRC'S INTERNAL REVIEW PROCESS

As part of development of this Strategic Plan, KCFRC staff, Board of Trustees and other key stakeholders undertook a comprehensive review and planning process which was facilitated by independent consultants.

As part of this process, they discussed and identified the following to help inform the new strategic plan:

- Looking Back: KCFRC's key achievements, activities and impact in recent years
- Current Reality: KCFRC's Strengths, Opportunities, Challenges & Areas for Development
- Looking Forward: Learning and Opportunities to Inform new Plan
- Review of Organisation's Vision, Mission, Values & Name

These discussions and key learnings are summarised in this Chapter.

Looking Back: Key Achievements & Activities in recent years

Killorglin Community and Family Resource Centre (KCFRC) celebrated 20 years in operation in 2024 and it has achieved a lot in that time, including expanding its services, offerings and physical premises. These are summarised below.

Key Achievements

Internal

- Expansion of team: Increase of staff team from 2 in 2004 to 15 people in 2024.
- Expansion of premises: This includes new premises due to be launched in 2025.
- The organisation won the All island Pride of Place Awards in 2009.
- Funding: Fundraising and grants successfully acquired from different statutory, non-statutory and corporate sources, and acquiring funding for new premises in Killorglin town was a big achievement.
- Gained support from local businesses to further develop its services.
- Gained the trust and the engagement of the local community, as a result it is very well regarded and receives new referrals by word-of-mouth from community members and from other agencies/service providers.
- The development of social media platforms to increase communication and awareness of the Centre.
- Professional staff who provide a consistent welcome, empathy and support for people in need in the community.
- Good governance structures in place.

Services/Programmes

- Providing a wide diversity of activities, with a wide scope of services offered to many ages.
- Development of a community childcare service and extension of this service.
- Development of a disability access amenity area.
- Delivery of regular Strengthening Families Programmes.
- Increase in the availability of low cost therapeutic services such as counselling.
- Supporting all families accessing South Kerry CAMHS in their own community over the past 3 years.

- Development of early intervention and prevention programmes.
- The numbers of families and individuals that the Centre has assisted.

Feedback from Consultations

The feedback from consultations is that KCFRC has had a highly beneficial and positive impact in the wider Killorglin area in recent years. Comments included:

- Has promoted unity and inclusion in the community and supported community wellbeing.
- There have been great benefits from its work. Some of the benefits are intangible and hard to measure.
- It provides a great childcare service.
- It has assisted disadvantaged children and young people.
- It has provided a sensitive, behind-the-scenes range of supports and services.

Overview of Activities from 2019 – 2023

Table 3 below summarises the work of KCFRC over the period 2019 – 2023 and is taken from the previous Strategic Plan and from the SPEAK FRC reporting system.



Programme/Service	Activities
Information/Signposting	Information provision and referrals/signposting to other services
Community space	Provision of admin support and space for other groups in the community including agencies and community/ parent-led groups
Active Learning	Provision of a variety of active learning opportunities including education courses and initiatives
Child and Youth Programmes and Activities	Provided a community Childcare service
	Supported young adults with a disability
	Camps for children with special needs
Community Based Initiatives	Food boxes and supports for older people
	Wellbeing courses for women
	Counselling and other therapies provided for families and individuals
	Green Homes programme
	Healthy eating promotion and workshops
	Outreach by Family Support Worker to An Bhainseach Housing Estate and Glencar and Glenbeigh community.
Parenting Supports	Parent and Toddler Group
	Community Mothers Programme
	Children's activity camps
	Child referral systems
	Once off activities - e.g. Family fun days
	Transition supports (primary to secondary school)
	Support group for parents of children with ADHD
	Support for families and children with dyslexia
	Learning support courses
	Parents workshops on healthy eating
	Parents Plus Programme
Budgeting; Rights and Entitlements Workshops	
Family Support Work for families in crisis, one parent families, carers and children etc	Huge part of our work - wide range of holistic supports provided including parenting, parent-child communication and relationships, routines child behaviour, education, development, crisis management, child welfare etc. Supports in relation to a range of issues including parental separation, children exposed to trauma, homelessness, bereavement / loss, domestic violence, parental substance abuse, parent-child bonding and attachment, parental mental health, anxiety in very young children etc.
	Strengthening Families Programme
	Drug/alcohol/addiction awareness workshops for parents and young people.
Meitheal	Providing parenting and family supports through Meitheal model of work - staff trained in the delivery of Meitheal

Mental Health Supports	Counselling: Demand has increased dramatically and exceeds current funding. Includes general counselling services as well as counselling for bereavement, relationships, addiction, etc
	Support for families affected by suicide including workshops
	Provision of support to CAMHS in south Kerry area and working with local mental health organisation
	Mental health workshops for secondary school pupils and parents in conjunction with other agencies
Group Supports	Information resources and communications re positive mental health and wellbeing
	Mens group
	Support for 5 Traveller families in area
	Autism support group set up
Networking	Various groups and workshops for non-Irish nationals including parenting alone, trauma workshops, sport etc
	Organisation is represented at local FRC cluster, regional and national meetings.
	Member of BNI (Business Network) Member of Killorglin Chamber Alliance Member of The Wheel and Irish Rural Link Chair of local Family Support Network
	Worked closely with DESSA providing support for people with a disability and fed into national programmes.

Table 3: The work of KCFRC over the period 2019 – 2023

Overview of Objectives & Activities in 2024

Table 4 below summarises the work of KCFRC during 2024 and is taken from the SPEAK FRC reporting system.

Strategic Goal/Objectives	Action Types to Achieve Goals
Outcome Area: Health and Wellbeing	
Physical and mental health in the community	Food bank and Cloud Health and Wellbeing Group Women's support group Community Health and wellbeing
Support men in the community physically and mentally	Community health and wellbeing Food bank and cloud Mens support group
Provide counselling/therapy and supports and services for adults and children	In-house counselling Bereavement counselling Addiction counselling Play therapy Art therapy Child and Adolescent counselling Relationship counselling
Outcome Area: Education	
Out of School Support	Registered after school care Kids camps Creative youth group
Provide an affordable, inclusive year round childcare programme	Homework club Breakfast/lunch club Afterschool club

Outcome Area: Safety	
Community Safety Supports	Addiction Support Group One-to-One Family/Individual Support Neighbourhood Watch Initiatives Homeless Support Initiatives Telephone Befriending Service Home-based Services for Older People Tenants and Residents Group Older People's Group Other Safety Initiative
Provide Family and Parenting Supports	Parents Plus Positive Parenting Common Sense Parenting SafeTALK Other Parenting Programme
Provide family support through Meitheal	Meitheal
Outcome Area: Economic Security	
Budgeting	Workshop/Information Session for parents
Outcome Area: Social Participation	
Support minority groups in the community	Organising Awareness Raising Events English Language Courses IT and Computer Courses Community Event/Festival/Craft Fairs LGBTI+ Supports for Persons with Disabilities Social and Recreation Group Traveller Support Group Migrant Family Support Other Social Participation Initiatives
Support parents with young children	Play Groups (Under 10s) Parent and Toddler Groups Parent and Children Groups
Support people who are marginalised and isolated in the community	Community Health and Well Being Food Bank and Cloud Initiatives Home-based Services for Older People
To support people with a disability	Carers Support Group Parenting Support Group Organising Awareness Raising Events
Internal/Operations	
Ensure the organisation will influence key policy decisions at local regional and national level	Involvement in Regional/National FRC Forum
Financial stability	Financial management
Good Governance	Recruiting Volunteers for Management Engagement with Committee Members Financial Management
Premises Development	Ensure premises fit for purpose

Table 4: Overview of KCFRC's Objectives & Key Activities in 2024

Current Reality: Strengths, Opportunities, Challenges & Areas for Development

KCFRC's Strengths

- The organisation has built trust with local community by providing much needed practical support in various ways – has a good reputation
- It supports and 'holds' families in various ways with positive outcomes (CAMHS families, separated families, Food Cloud, Strengthening Families programme etc)
- Strong staff and Board work well as a team
- Staff have clarity on the overall role of the organisation
- Ability to adapt and change with times, for example the impact of Covid-19, and the Ukraine war where they supported parents and children with no English
- New building enables expansion, receiving funding for this was huge vote of confidence
- Strong collaboration with other agencies
- Organisation exemplifies values of solidarity and community

How KCFRC could build on its strengths

Recommendations on how the organisation could build on its strengths included:

- Clear communication with other agencies to enable continued collaboration and get clarity on limits.
- Keep a focus on supporting families despite expansion etc.
- Build on and expand the strong Board of Trustees.
- Create a Directors Handbook.
- Capitalise on the new space in the new building.

KCFRC's Opportunities

- Access funding opportunities available nationally and locally.
- Link with FRCs in other areas or other counties to access shared training.
- Use every event as an opportunity to promote and communicate KCFRC's role with other organisations in community – e.g. St. Vincent de Paul; corporate sector; sport clubs.
- Develop contacts with local media.
- Remain on business network as a member and share information about KCFRC in this network.

How to take advantage of opportunities

- Create dedicated staff and time to review potential funding opportunities and target local organisations for funding for specific projects.
- Quality governance and financial management.
- Liaise with other organisations in the community in relation to mutual supports/grants. Bring the new plan to them and highlight priorities or have specific asks.
- Link in with National Forum of FRC for advocacy work.

KCFRC's Challenges & Areas for Development

Funding & Capacity

Future funding for the organisation is not secure, as much of the funding is short term in nature and not guaranteed long term, causing some instability and uncertainty. Longer term and/or alternative funding options would help provide more stability for the Centre and staff, as well as financial reserves, and a realistic financial plan in terms of capacity.

The staff and service are over-extended and under pressure due to high needs and high volume of referrals and service users. There is a need for realistic planning and clarification of limits while maintaining our welcome; as well as a need to clarify what the Centre does and does not do with other organisations in order to avoid inappropriate referrals.

Communications, Marketing & Advocacy

The need for more PR and marketing of the Centre and the great work it does in the community was highlighted several times, including calls for the Centre to tell its story so far more and to highlight its achievements to date. The 20th anniversary celebrations might provide a good opportunity to do this.

Changing values within the community and more negativity to newcomers was raised during the process. There were calls for the Centre to be vocal on countering negative opinion, speaking up for what it believes and for its values, and for support for staff in this area to be considered.

Governance & Organisational Development

Some felt there is a need for staff to have more time for training and support to enable the Centre to deliver on new programmes and target groups. Others called for more clarity on the Centre's organizational values for staff, more support with promoting the good stories and succession planning to ensure the Centre continues to make a positive impact if staff change in the future.

In terms of governance, there is also a need for the Board of Trustees to be expanded and developed based on skills/supports that are required, as well as ensuring internal policies and terms and conditions are up to date and reviewed regularly.

Looking Forward: Learning and Opportunities to Inform new Plan

Learning and opportunities that were identified during the review process and which have informed the new Plan include:

- Ensure clarity on what the organisation provides and doesn't provide and what its limits are, what should be referred onwards.
- More liaison, collaboration and networking with local organisations – ask the community for help while we are helping them.
- Recruit more volunteers to help deliver programmes – link in with Kerry Volunteer Centre.
- Marketing plan important.
- Staff development: Recruitment needed if funding; support and supervision and conditions.
- Regular planning and review processes useful and important – annually and in relation to programmes.

Review of Organisation's Vision, Mission, Values & Name

As part of the development of this new strategic plan covering the period 2025 – 2029, the organisation decided to change its name to include the word 'Community'. Through the process of reviewing of the work and achievements in recent years, the identification of current needs and planning the work for the coming five years, it became evident that the name 'Killorglin Community and Family Resource Centre' would more accurately reflect the breadth of the work that the organisation does and its focus on supporting the community generally, as well as families within it.

OUR NEW NAME

As of 2025, we are now called:
**Killorglin Community and
Family Resource Centre**

The organisation also reviewed and revised its Vision (what it is working towards), Mission statement (how it is going to do this work) and core values as part of the strategic planning process.

OUR VISION

A nurturing, healthy and inclusive community in which to live and grow.

OUR MISSION

To provide services that are responsive to the needs of individuals, families and the wider community.

The organisation's Core Values inform how it does this work to achieve its goals – how the team work together and how they engage with service users and other key stakeholders. The Core Values were also reviewed as part of this strategic planning process. The organisation's core values are listed below:

OUR CORE VALUES

RESPECT

We respect people, value diversity and are committed to equality.

TRUST

We build supportive relationships with people in our community to enhance their belief in our integrity, our honesty and support.

EMPOWERMENT

We support those in our community so that they can find the best way to meet their needs, and to reach their potential.

QUALITY

We aim to provide an excellent service, that is responsive to individual needs and personal situations and the needs of our wider community.

SOCIO DEMOGRAPHIC PROFILE OF KCFRC CATCHMENT AREA

The goal of the socio-demographic profile is to help the organisation strategically focus its resources on the communities, regions, and individuals most in need of services over the next five years.

This section provides an overview of life in Killorglin in 2024, using insights from Census 2022 to outline the landscape in which Killorglin Community and Family Resource Centre (KCFRC) operates, highlighting the area's challenges and the people affected by them.

Geography

Killorglin Community and Family Resource Centre is located in the Electoral Division (ED) of Killorglin (19084) and services the Northern part of the Iveragh peninsula in Kerry. Killorglin occupies a scenic position overlooking the river Laune and backed by the dramatic slopes of the McGillicuddy Reeks. It is situated at the beginning of the world-famous scenic drive of the Ring of Kerry, part of the Wild Atlantic Way and its gateway to the Reeks District. The town is located on the N70 and the N72 at the north-eastern bridge crossing of the River Laune on the northern point of the Iveragh peninsula. Killorglin town itself has a strategic role in extending the sphere of the development corridor to the remote areas of the Iveragh peninsula and is the main service area for the Iveragh Peninsula.

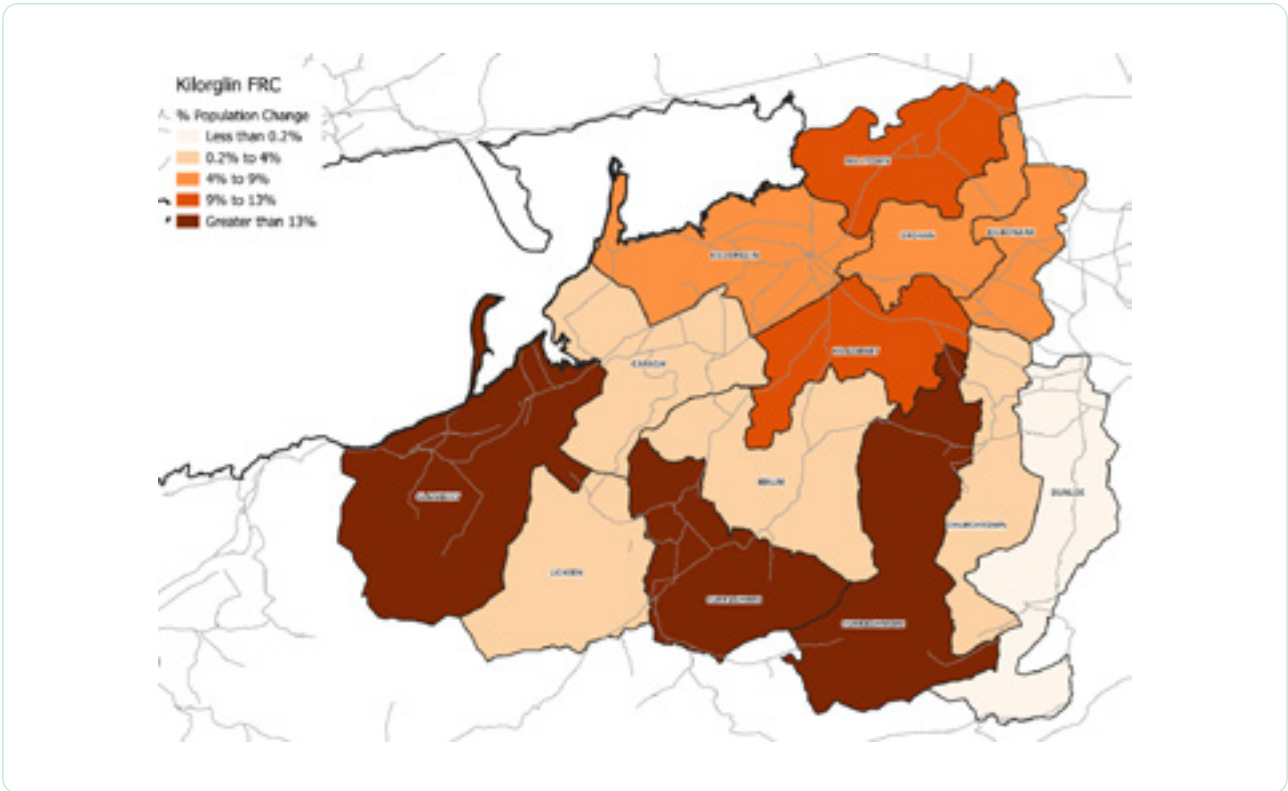


Map 1 Contextual map of Killorglin

Measured in travelling time, the town is equidistant between the regional towns of Tralee and Killarney. This proximity places Killorglin within the area of influence of the largest growth in the region. Within the defined catchment area there is a total of 13 ED however service users to the centre travel from Dingle, Killarney and Tralee to access services.

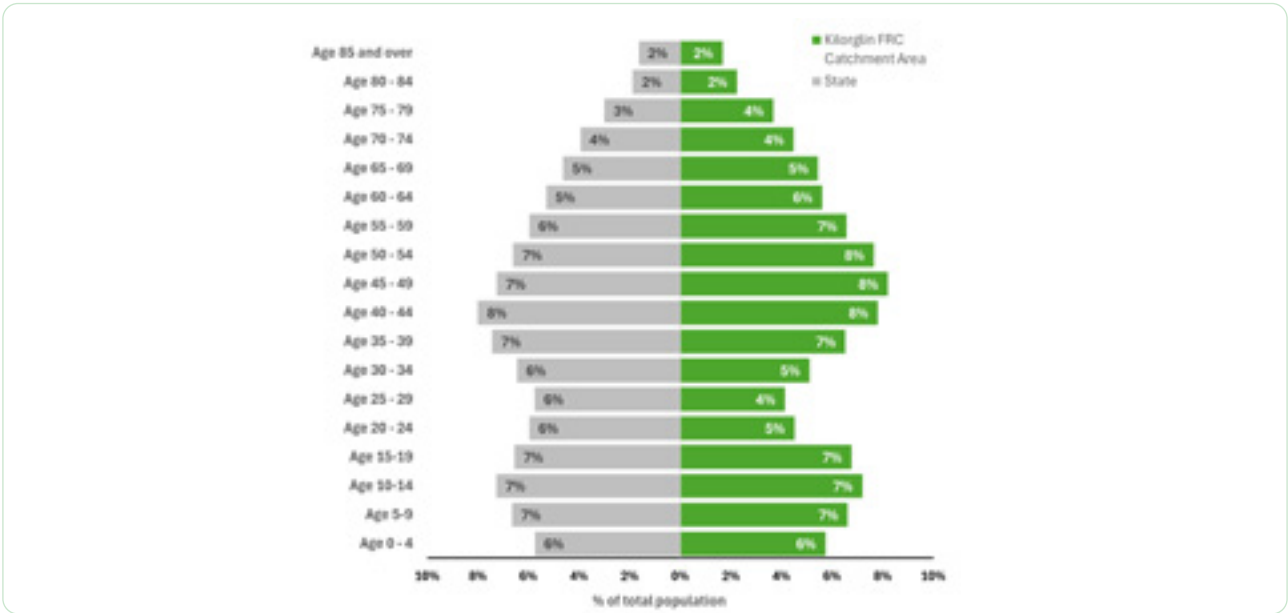
Population

On census night in April 2022, the total population of the KCFRC catchment area was 14,138 (49% male and 51% female). Please see Appendix 1 for a detailed breakdown of data available from Census 2022. This figure represents a population growth of 9% from Census 2016 (Map 2).



Map 2: Population Change in KCFRC 2016-2022, Source: Census 2022

One-fourth (20%) of the population in the KCFRC area are under 19 years old, aligning with the national figure of 20%. However, only 14% of the population is aged 20 to 35, significantly lower than the national average of 18%. The proportion of those aged 35 to 39 stands at 23%, like the state figure of 23%. In contrast to the national averages, Killorglin has a higher percentage of individuals aged 50 to 64 (20%) and those over 65 (18%), indicating an aging population in the region (Graph 1).

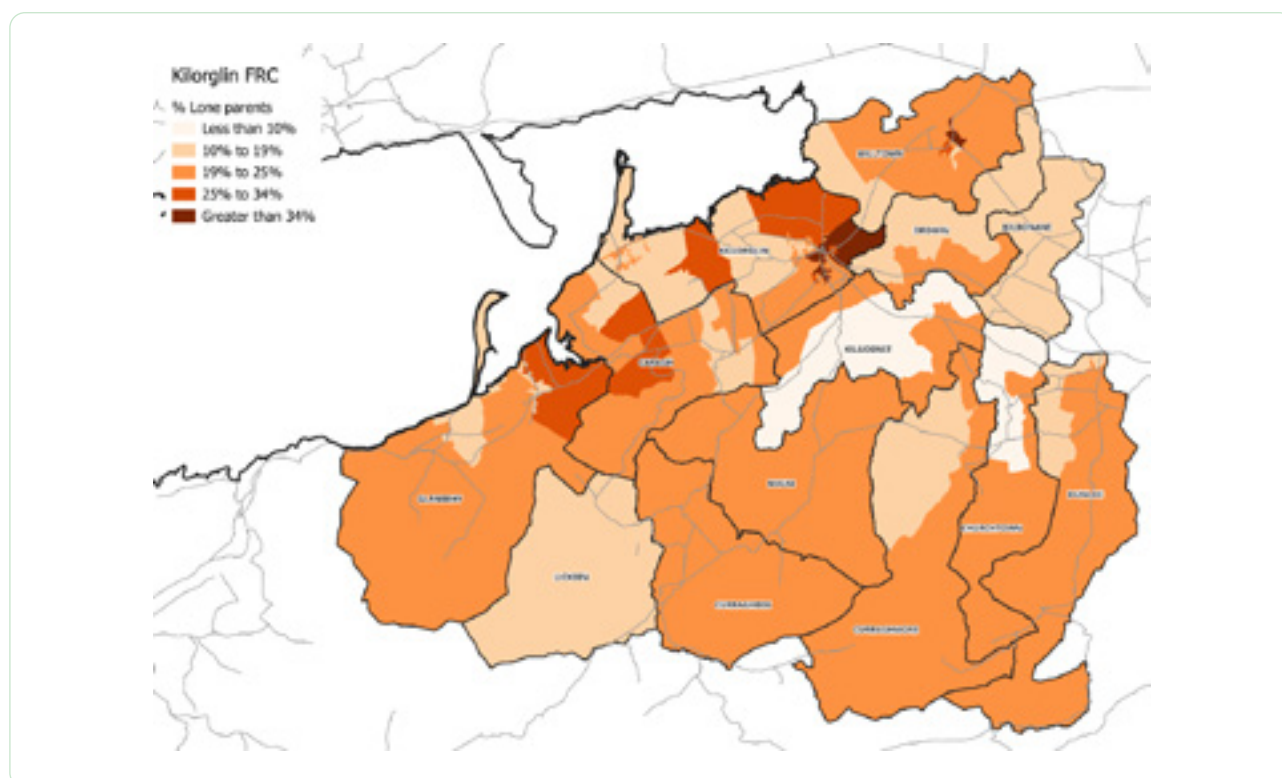


Graph 1 Population pyramid 2022, Source: Census 2022

In terms of citizenship of the population of Killorglin, 89% had Irish citizenship, 3% had UK Citizenship, 2% Polish, <1% Indian, 3% Other EU 28, 2% Rest of World and 2% was not stated. Concerning ethnicity and/or cultural background, 84 % identified as White Irish, <1% White Irish Traveller, 10% Other White, <1% Black or Black Irish, 1% Asian or Asian Irish, <1% Other and 4% Not Stated.

Households

18% of families in Killorglin CFRC area were headed by a lone parent with a child under the age of 15. This was in line with the county and national figures. The villages of Killorglin and Milltown both have significant areas where the proportion of lone parents is above 34% while parts of Kilgobnet and Churchtown EDs have less than 10% (Map 3).

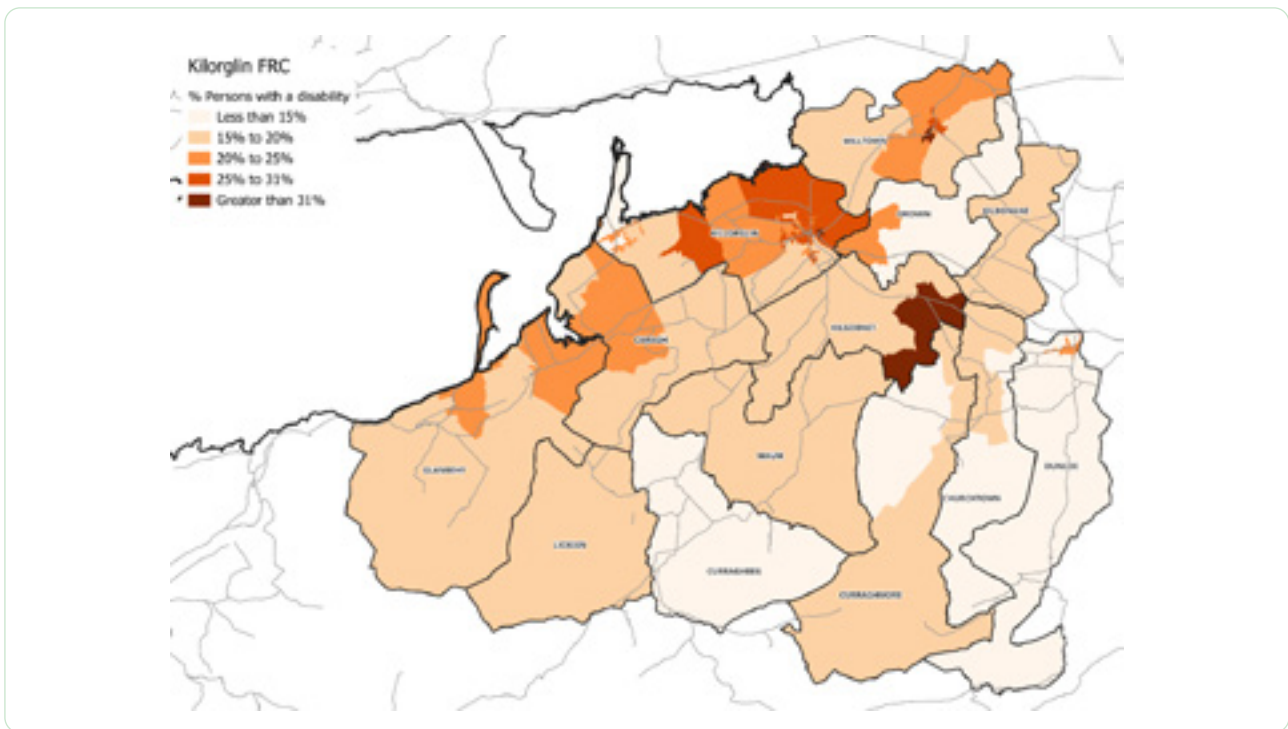


Map 3: Lone parents with children aged under the age of 15, Source: Census 2022

42% of all the families in the KCFRC area were in the child rearing lifecycle from preschool right through to adolescent, with proportions in all these phases falling in line with state levels. Though the proportion of those in the 'Pre-Family' phase is only 7% a full 2% lower than the state figure of 9%. The phases with the most significant proportions of the population above that of the state levels are in the 'empty nest' (11%) and 'retired' (13%) phases.

Disability and Health

Two in ten or 21% of the population in the KCFRC area described themselves as having a disability which the Central Statistics Office (CSO) defines as someone experiencing a 'long lasting condition or difficulty to any extent'. This proportion was slightly lower than the county figure of 22%. The interesting figures are recorded at Small Area (SA) level where at least 31% of people living on the eastern side of Killorglin Bridge, around the junction of the L4035 and N70 in Milltown and to the east of Kilgobnet said they had a disability (Map 4).



Map 4: Population with a disability, Source: Census 2022

On a positive note, the proportion of people living in Killorglin who described themselves as in 'good' or 'very good' health is 86% which is higher than the national average of 83%.

Education

The proportion of the population who had no formal or primary level education only in the KCFRC area was 12% in 2022 which is above the county level of 11% and state level of 10%. The areas with the highest proportions, above 23%, of those with no formal or primary education in KCFRC are found in Killorglin village centre and at the eastern edge of Kilgobnet.

In total the education levels in KCFRC are closely in line with those of the county however there are some differences. Almost one third of people in the area (30.2%) had a third level education which was below the state figure of 36%.

Commuting and car ownership

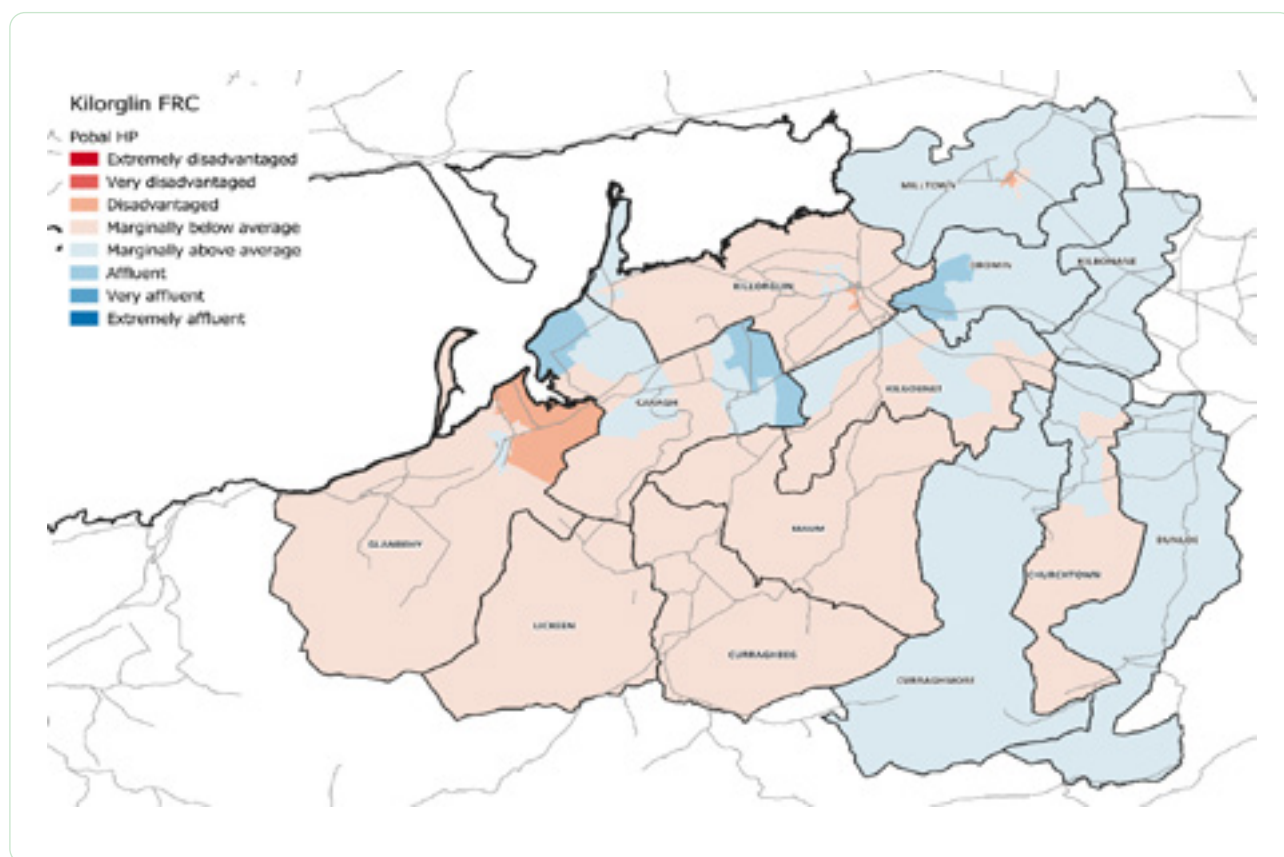
Two-thirds of Killorglin's population rely on cars, either as drivers or passengers, for daily commutes to school, college, childcare, or work, a figure significantly higher than the national average of 54%. Car ownership is also high, with only 8% of households without a vehicle, compared to the national average of 13%. This suggests that the current public transport system is not adequately serving the community.

Pobal HP Deprivation Index

The Pobal HP Deprivation Index⁵ established a single indicator of disadvantage and affluence in Ireland. The Index was developed to understand and examine social conditions across Ireland. When examining the

deprivation scores at a local level it is critical to note that it analyses census data related to population, age, principal economic status, education and home make up. It does not incorporate measures such as income, health, distance to services or access to services which all influence the level of deprivation seen at household levels.

Deprivation scores show areas that are deemed to be more affluent or disadvantaged relative to other areas.⁶ The majority of Small Areas (Map 6) in KCFRC area recorded a score of which is 'marginally below average' in 2022. A total of 4 Small Areas in the Killorglin Catchment Area were classified as 'disadvantaged', these were distributed between Glanbehy, Killorglin and Milltown, while 3 were classified as 'affluent', these are found in Caragh and Dromin.⁷



Map 6 Pobal HP Deprivation Index, Source: Pobal 2022

5 <https://www.pobal.ie/pobal-hp-deprivation-index/>

6 Scores range from >-30 (extreme deprivation) to <+ 30 (extreme affluence) with zero as the mean.

7 'Small Areas' are defined by the Central Statistics Office as areas between 80 - 120 dwellings.



SUMMARY OF CONSULTATIONS & NEEDS ANALYSIS

This chapter provides a summary of the findings and feedback from consultations with staff, Board and service users and other key stakeholders in the community that were undertaken in Spring 2024 to inform this Strategic Plan.

Overview of Consultations

Questions asked in the consultations aimed to illicit needs and gaps in the locality from a variety of stakeholders, including people's usage and views on KCFRC and suggestions on what the Centre should do in the coming years.

Consultation Method

Target Groups

Focus Groups

- 2 with KCFRC staff
- 1 with KCFRC Board of Trustees
- 1 with Women's group
- Interview with manager

Survey for People in the Community

- 85 respondents (mix of online and paper surveys completed)
- Majority of respondents female and located in Killorglin town
- Wide range of age groups completed survey (55% were aged 41 - 60, 25% were 26 - 40 years old, 17% were aged 61 - 75).

Agency and Stakeholder Consultations

- On-line survey (19 respondents)
- Individual phone call/ zoom interviews

Feedback on KCFRC

Nearly 40% of the people who completed the community survey reported using the Centre now and then, while 23% reported using it weekly and 13% said they use it daily. The three main reasons for availing of the services of the centre were: childcare services, family and parent support, and group meetings. The majority of respondents (80%) felt that the standard of service in the Centre was excellent, and no one described it as poor.

“ This is my daughter's final year with the afterschool club, and she has loved everything about her time here. (I get) lots of happy stories from my daughter each day.”

Afterschool service user

“ The centre has helped us in many ways. Having gone through an extremely difficult time in our lives they were able to organise counselling for myself & play therapy for my daughter. They... always showed empathy & understanding.”

Service User

When asked what they liked most about the centre, the following things were highlighted by respondents:

Staff Attitude & Centre Approach

- Staff described as compassionate, approachable, very professional, very friendly, helpful, courteous, great listeners and dedicated.
- A safe environment, warm, bright, welcoming atmosphere, homely
- Respect for diversity and difference, non-judgmental, supportive, inclusive
- Convenient location and parking

Services

- Childcare/ Breakfast Club/ afterschool services all very highly complimented, the children enjoy it
- Excellent support provided for the children
- Parenting courses and classes
- Meeting people, being part of a community
- Catering for children with additional needs

“*Parent course has changed my outlook on parenting and improved quality of home life – thank you!*”

Service User

How the Centre has helped

When asked what ways the Centre has helped their family, respondents mentioned a variety of things including:

- timely support with short waiting times
- the various family support services including various programmes, courses, information and mental health supports.
- The various children’s supports including pre and afterschool childcare services, play and art therapies and supports for children with additional needs.
- Courses offered and opportunities to become a member of groups in the community that operate from the Centre

“*They organised for us to be included in the food bank and to be able to avail of free food from time to time which was so helpful*”

Service User

“*The centre helped me when I moved to this country to meet lovely people, lots of social gatherings.*”

Service User

“*The Centre offers wonderful support to us & we would be lost without them. When my daughter was on crutches, they immediately were able to include her on the school bus run in the mornings & carry her school bag for her.*”

Service User

Key Issues/Needs in the Community

Young People

- Lack of activities and facilities for non-sporting young people
- Youth mental health challenges – including bullying, anxiety, uncertainties, gender identity and exclusion challenges, post-Covid anxiety and school reluctance etc
- Programme for teenagers – incl. career guidance supports

Mental Health needs

- Anxiety and depression
- Family relationships
- Isolation among older people and vulnerable men, rural region etc
- Family therapy currently not available within Kerry

Gaps in/lack of Services

- A wide range of gaps in services identified from transport to legal aid, disability, education, children with additional needs, out-of-hours services, housing and financial supports

Lack of Childcare

- There are not enough places in the various childcare services in the Mid-Kerry area.
- Need for longer childcare hours for parents of pre-school children
- Programmes for younger children lacking including affordable camps during holiday periods.

Children with Additional Needs

- Children with additional needs require extra support – waiting lists for therapies are long - OT, SLT, Play Therapy etc
- Lack of services and support groups for children with needs.
- Families of children with additional needs also need more supports while waiting for services.

Poverty/Deprivation

- The increase in cost-of-living effecting many families – causing financial embarrassment and stress.
- Parents under pressure to provide more for their children – greater level of expectations

Parents supports and Information

- Parents often don't know where to go when faced with a problem with their children and can feel alone. They then need to learn how to navigate the various health services.

Family/Relationship issues

- Various pressures for families e.g. family breakdown, financial pressures, fallout from covid, challenges with children including school refusal, domestic violence, one parent families, new parents etc

New communities

- Migrant families or newcomers to the area have many support needs and can feel excluded
- There is need for peer groups and supports.
- Increase in racism and negative attitudes to newcomers in community.

Older People

- People are living longer and healthier, there are more older people now. Some are living alone, perhaps unaware or proud to accept help, difficult for older people to ask for help.
- Transport is a particular problem for older people.

Other issues

- Transport, cost of housing, local businesses closing and knock on effect this is having in the community and climate change.

“ I have struggled financially over the past number of years and Killorglin Resource Centre has helped & given advice or told me where to get more information.”

Service User

Recommendations for KCFRC's work

Continuity and Expansion of Services:

- KCFRC is highly valued and widely praised. Continuity of services should be maintained, including the ethos and keeping a balance of supporting the family, the individual and groups.
- There are a wide range of needs and a need for services to expand if possible to meet these needs – both in terms of numbers and range of activities, e.g. family supports, groups, mental health therapies, supports for additional needs, signposting to services, childcare provision, economic/food supports etc.
- New premises may bring increased demand and need more staff – but important to keep family feel to it if it does expand.
- Despite this, it's important that KCFRC knows its limitations – there will always be gaps and needs but the organisation can't do everything. Needs to be clear on what it does and doesn't do and then refer onwards. Also important in terms of staff workload.

Childcare:

- Expand childcare service, if possible, in terms of number of places, length of hours and range of services including for working parents.
- Reconfigure space or get more indoor or outdoor space.
- Play space and Programme for younger children.
- Recruit more staff and take younger children if possible.

“It is a brilliant service, but I wouldn't have known about it only for my doctor.”

Service User

Parenting and Family Supports:

- Continue with family supports, parent programme and Meitheal
- Set up a parent and toddler group
- More family supports incl. for expectant women and new parents
- More children's supports – e.g. art/play/speech therapy
- Supports for families struggling with cost of living.

Mental Health:

- Develop the counselling service further with extra rooms, funding for more sessions and a broader range of related services.
- Mental health services for young people important, as well as for adults

Supports for additional needs:

- Continue and expand where possible to support families while waiting for services
- Educational support for kids with learning disabilities such as dyslexia, more groups for special needs, more children's camps.

Community Groups:

- Continue/increase frequency of current groups and develop new ones – e.g. women's shed/card games
- Build community spirit between all community members, education and community development including opportunities for people to meet in the community and take action on issues they care about.

“It has made my child want to interact with other children and made her come out of her shell.”

Service User

Vulnerable groups:

- Support/outreach to other target groups including new communities, older people, isolated vulnerable men in rural areas etc – e.g. computer classes, additional/mental health supports, housing supports etc

Internal/Organisational development:

Human Resources

- Staff training and development, terms and conditions, supports to avoid burn out, recruitment of staff and volunteers
- Board of Trustees: Recruitment and training and awareness raising and support with funding

Funding

- Secure more/longer funding.
- New strategic plan is opportunity to hold conversations with partner organisations, local community and business sector to maximise services and resources.

Communications

- Promotion: Broadly felt that the centre should promote itself more to ensure greater community awareness – including social media/online/outside of town
- Engagement with other stakeholders/collaboration: schools, business community, networking events, other services.

Advocacy

- Speak out about poverty/deprivation where possible; link with national network

Research, Monitoring and Evaluation

- Regular review of programmes, responses to emerging needs and annual plans.
- Further research into family needs – to provide best possible supports and services to local families. Suggestion of ‘Greener Living’ initiatives.

“It brings people together in the community, thus alleviating isolation, without the family resource centre I feel it would be pretty bleak.”

Agency representative

“The Centre is vital to our community with the wonderful services & support they offer to families”

Agency representative

“I have clients that feel so supported by KFRC at very challenging times in their lives.”

Agency representative



KCFRC'S OBJECTIVES & ACTIVITIES 2025 - 2029

Killorglin Community and Family Resource Centre is working towards five National Outcomes for Children and Families⁸, along with other FRCs in the country. These National Outcomes have informed the priority areas that KCFRC will focus on for the period 2025 – 2029.

To ensure that its work is evidence based, KCFRC commissioned and then reviewed evidence of needs and gaps in the catchment area from both detailed socio-demographic data and a local needs analysis. The staff and board were then facilitated to identify strategic objectives within each National Outcome Area that would address needs in the community.

These strategic objectives are presented in this chapter, along with the Centre's vision of success for each one, a summary of key activities that will be undertaken to achieve each objective and the key external stakeholders that it will engage with in order to successfully achieve its goals.

8 Family Support Agency (2013) Strategic Framework for Family Support within the Family and Community Services Resource Centre Programme. P.10. Available at: https://www.tusla.ie/uploads/content/FSA_STRATEGIC_FRAMEWORK_FOR_FAMILY_SUPPORT_2013.pdf

National Outcome Area: Health and Wellbeing

“Healthy physically, mentally and emotionally”

Strategic Objective: Improved health and wellbeing for people in catchment area

Vision of Success	Activities		External Partners
	<i>Developmental</i>	<i>Programmed</i>	
14,000 families in the FRC catchment area will have access to support for complex family needs, health and wellbeing needs and early intervention programmes	<ul style="list-style-type: none"> Continue to provide space for the provision of therapies Source funding for continued low-cost counseling Explore funding opportunities to fund a grief / family therapist Deliver family support to a number of families referred from Laune childcare Signpost families to health services as required 	<ul style="list-style-type: none"> Continue to provide 1:1 family supports Provide support for 85 families accessing South Kerry CAMHS Continue to provide and co-ordinate Meitheal for children with complex needs Deliver early intervention programmes quarterly Deliver anxiety management supports for students and parents 	Recovery Haven Pieta HSE PHN GP's Schools TUSLA EWO NEPS Private Therapists SWCC

National Outcome Area: Education

“Supported in Active Learning”

Strategic Objective: Improved family communication and learning

Vision of Success	Activities		External Partners
	<i>Developmental</i>	<i>Programmed</i>	
Families living in the catchment area will access to early intervention and prevention programmes Reduce the impact of drug and alcohol issues for families	<ul style="list-style-type: none"> Deliver community childcare and early learning service to children Explore the expansion of the early childcare service Advocate for community education programmes 	<ul style="list-style-type: none"> Deliver bi-annual Strengthening Families Programme Deliver parenting workshops monthly Deliver anxiety management workshops to primary school children 	Kerry County Childcare Early childhood Ireland Pobal HSE TUSLA SRDTF Le Cheile JLO Service Schools SKDP KDYS Kerry ETB

National Outcome Area: Safety

“Safe from accidental & intentional harm; Secure in the immediate & wider physical environment”

Strategic Objective: People in the area have improved access to supports and knowledge around personal safety

Vision of Success	Activities		External Partners
	<i>Developmental</i>	<i>Programmed</i>	
<p>Increased skills and knowledge among individuals in the local area in relation to personal safety</p> <p>Development of a steering group to support families in domestic violence</p> <p>Increased local information and support for families regarding safety</p>	<ul style="list-style-type: none"> Develop a local steering group to inform supports for domestic violence issues Upskill staff on signs and referral pathways for domestic violence 	<ul style="list-style-type: none"> Deliver 2 personal safety programmes annually Explore programmes for school aged children on social media safety, consent and other issues 	<p>Solicitor Gardai HSE Adapt County Childcare Committee Schools AMEN Mens Development Group</p>

National Outcome Area: Income/Economic Security

“Economically Secure”

Strategic Objective: Families in need in the catchment area have access to healthy food and improved personal and economic wellbeing. Local families will have improved sustainability knowledge

Vision of Success	Activities		External Partners
	<i>Developmental</i>	<i>Programmed</i>	
<p>Families living in the catchment area will access early intervention and prevention programmes</p> <p>Reduce the impact of drug and alcohol issues for families</p>	<ul style="list-style-type: none"> Deliver community childcare and early learning service to children Explore the expansion of the early childcare service Advocate for community education programmes 	<ul style="list-style-type: none"> Deliver bi-annual Strengthening Families Programme Deliver parenting workshops monthly Deliver anxiety management workshops to primary school children 	<p>Kerry County Childcare Early childhood Ireland Pobal HSE TUSLA SRDTF Le Cheile JLO Service Schools SKDP KDYS Kerry ETB</p>

National Outcome Area: Social Participation

“Participation in positive networks; included & participating in society”

Strategic Objective: People in the catchment area are facilitated to participate in the community

Vision of Success	Activities	External Partners
<p>All age groups in the catchment area will participate more in the community and develop more secure connections.</p> <p>Support a more integrated community</p> <p>Provide supports for children and young people with disabilities in their local community</p>	<p><i>Developmental</i></p> <ul style="list-style-type: none"> ● Provide Monthly activities for older people in the area ● Organise a family fun day annually ● Develop a Cubby space in Laune Childcare ● Develop a sensory space in Market St ● Ensure inclusion of New Communities in all areas ● Support the Autism Social ● Action for young people with special needs ● Explore the development of ADHD / Dyslexia support group <p><i>Programmed</i></p> <ul style="list-style-type: none"> ● Develop a men’s group ● Develop a women’s group ● Explore the development of a parent and Toddler group 	<p>LEADER / SKDP Kerry County Childcare Kerry volunteer HSE Kerry Co. Co Healthy Kerry coordinator Killorglin Chamber Alliance BNI Kerry Women 2000 Day Care Centre Killorglin Mens Social Group St. Francis Special School Kerry Parents and Friends Parents National FRC Forum</p>

Organisational Development/Operations

Strategic Objective: KCFRC will be a strong, effective and sustainable organisation that is capable of growing and responding to needs and issues in Mid Kerry area

Vision of Success	Activities	External Partners
<p>KCFRC will be a Centre of Excellence</p>	<p><i>Developmental</i></p> <ul style="list-style-type: none"> ● Expand Board membership to support the strategic plan and represent target groups ● Participate in local and national networks and collaborate with partner agencies to have improved outcomes for target groups ● Explore the re-design of the childcare facility ● Launch new premises and explore options of expansion of premises ● Ensure appropriate governance procedures, reviews and staff terms and conditions in place. ● Provide a service of equity and equality and accurate data collection on service users ● Ensure regular information sharing of KCFRC information and supports including marketing and promotion ● Source additional funding including to employ a community development worker and additional family support worker ● Annual evaluation of all programmes and operations using SPEAK <p><i>Programmed</i></p> <ul style="list-style-type: none"> ● Deliver lunchtime lectures to local agencies on supports and services available annually ● Continue to maintain positive relationships with funders and submit funding reports and applications as required. 	<p>TUSLA HSE Local Businesses POBAL LEADER DEASP Kerry Volunteer Centre</p>

OVERVIEW OF SOCIO-DEMOGRAPHICS FOR KCFRC CATCHMENT AREA

The table below provides a detailed demographic, socioeconomic, and housing overview of the Killorglin Community & Family Resource Centre Catchment Area, County Kerry, and Ireland (State).

This data is sourced from Census 2022. The table provides comparative percentages for the Killorglin CFRC Catchment Area, Kerry, and Ireland, allowing for an analysis of local versus regional and national trends. The key information provided in the table is as follows:

1. Population and Demographics

- Population Change: Comparison of populations between 2016 and 2022 with percentage changes.
- Population by Age Groups: Breakdown of age distribution, dependency ratios, and trends.

2. Citizenship and Ethnicity

- Citizenship: Distribution by Irish nationals, UK citizens, and other groups.
- Ethnicity: Breakdown by White Irish, Other White, Black, Asian, and other ethnicities.

3. Family Structures

- Types of families classified by stages of life (e.g., pre-family, empty nest, retired).

4. Disability, Health, and Care

- Population with disabilities.
- General health categories (e.g., very good, good, fair).
- Number of identified carers.

5. Education

- Educational attainment levels (e.g., no formal education, secondary level, third-level qualifications).

6. Employment and Economic Status

- Labour force participation and unemployment rates.
- Breakdown of employment types.

7. Housing

- Housing stock by year built.
- Housing tenure types (e.g., owned, rented, free of rent).

8. Commuting and Transport

- Modes of commuting (e.g., walking, cycling, driving).
- Car ownership statistics.

SUMMARY OF CENSUS RESULTS

Table 1

Population

		Killorglin CFRC Catchment Area		Kerry		State		
		Number	Percentage	Number	Percentage	Number	Percentage	
Population change	Population 2022	14,138		156,458		5,149,139		
	Population 2016	12,969		147,707		4,761,865		
	Change 2016 to 2022		9.0%		5.9%		8.1%	
Population by age	Age 0 to 17 years	3,393	24.0%	34,994	22.4%	1,218,567	22.4%	
	Age 0 - 4 years	812	5.7%	8,300	5.3%	295,415	5.3%	
	Age 5-9 years	936	6.6%	9,625	6.2%	342,670	6.2%	
	Age 10-14 years	1,017	7.2%	10,831	6.9%	374,202	6.9%	
	Age 15-19 years	957	6.8%	9,844	6.3%	337,628	6.3%	
	Age 20 - 24 years	638	4.5%	7,783	5.0%	307,143	5.0%	
	Age 25 - 29 years	586	4.1%	7,047	4.5%	295,808	4.5%	
	Age 30 - 34 years	723	5.1%	8,271	5.3%	332,223	5.3%	
	Age 35 - 39 years	922	6.5%	10,460	6.7%	382,869	6.7%	
	Age 40 - 44 years	1,104	7.8%	11,987	7.7%	411,524	7.7%	
	Age 45 - 49 years	1,160	8.2%	11,345	7.3%	373,504	7.3%	
	Age 50 - 54 years	1,082	7.7%	11,034	7.1%	340,003	7.1%	
	Age 55 - 59 years	930	6.6%	10,409	6.7%	307,165	6.7%	
	Age 60 - 64 years	793	5.6%	9,955	6.4%	272,670	6.4%	
	Age 65 - 69 years	770	5.4%	9,099	5.8%	238,144	5.8%	
	Age 70 - 74 years	633	4.5%	7,923	5.1%	202,884	5.1%	
	Age 75 - 79 years	521	3.7%	6,052	3.9%	154,260	3.9%	
	Age 80 - 84 years	317	2.2%	3,581	2.3%	96,586	2.3%	
	Age 85 and over years	237	1.7%	2,912	1.9%	84,441	1.9%	
		Young Dependency Ratio		34.3%		29.3%		29.3%
		Old Dependency Ratio		19.7%		20.9%		20.9%
Citizenship	Ireland	12,371	88.8%	132,380	86.7%	4,283,490	86.7%	
	UK	446	3.2%	3,788	2.5%	83,347	2.5%	
	Poland	225	1.6%	3,361	2.2%	93,680	2.2%	
	India	22	0.2%	390	0.3%	45,449	0.3%	
	Other EU28	363	2.6%	4,807	3.1%	219,229	3.1%	
	Rest of world	269	1.9%	3,528	2.3%	190,080	2.3%	
	Not stated	240	1.7%	4,408	2.9%	169,604	2.9%	

Population (Continued)

		Killorglin CFRC Catchment Area		Kerry		State		
		Number	Percentage	Number	Percentage	Number	Percentage	
Ethnicity	White Irish	11,719	84.1%	123,427	80.8%	3,893,056	80.8%	
	White Irish Traveller	27	0.2%	1,107	0.7%	32,949	0.7%	
	Other White	1,399	10.0%	14,787	9.7%	502,081	9.7%	
	Black or Black Irish	32	0.2%	1,189	0.8%	76,245	0.8%	
	Asian or Asian Irish	151	1.1%	2,762	1.8%	166,206	1.8%	
	Other	116	0.8%	2,116	1.4%	101,166	1.4%	
	Not stated	492	3.5%	7,274	4.8%	313,176	4.8%	
Families by type (No. of families)	Pre-family	261	7.1%	2,624	6.7%	119,145	9.3%	
	Empty nest	406	11.0%	4,427	11.3%	120,771	9.4%	
	Retired	496	13.4%	5,709	14.6%	154,136	12.0%	
	Pre-school	303	8.2%	2,829	7.2%	104,086	8.1%	
	Early school	358	9.7%	3,494	8.9%	126,380	9.9%	
	Pre-adolescent	431	11.7%	4,352	11.1%	152,171	11.9%	
	Adolescent	474	12.8%	4,830	12.3%	157,687	12.3%	
	Adult	970	26.2%	10,853	27.7%	345,575	27.0%	
	Population with a disability, population by general health and population identified as carers	Population with a disability	2,920	20.7%	33,810	21.6%	1,109,557	21.6%
		Very good	7,603	53.8%	80,938	51.7%	2,740,994	51.7%
Good		4,532	32.1%	49,671	31.7%	1,527,027	31.7%	
Fair		1,249	8.8%	14,383	9.2%	444,895	9.2%	
Bad		171	1.2%	2,120	1.4%	72,556	1.4%	
Very bad		39	0.3%	476	0.3%	16,843	0.3%	
Not stated		544	3.8%	8,870	5.7%	346,824	5.7%	
Carers	918	6.5%	10,036	6.4%	299,128	6.4%		

Education

		Killorglin CFRC Catchment Area		Kerry		State	
		Number	Percentage	Number	Percentage	Number	Percentage
Population by highest level of completed education	No formal or primary only	1,103	11.5%	11,535	10.8%	332,499	10.8%
	Secondary Level	3,296	34.3%	36,425	34.0%	1,059,485	34.0%
	Tech/Cert/App	2,054	21.4%	22,511	21.0%	631,648	21.0%
	All third	2,797	29.1%	30,403	28.4%	1,140,686	28.4%

Economic Status

Labour force employment & unemployment	Labour Force	6,690		74,243		2,531,099	
	At Work	6,174	92.3%	67,545	91.0%	2,320,297	91.0%
	Looking for first job	85	1.3%	1,132	1.5%	34,526	1.5%
	Short Term Unemployed	204	3.0%	2,420	3.3%	70,217	3.3%
	Long Term Unemployed	227	3.4%	3,146	4.2%	106,059	4.2%

Housing

Housing by year built (no. of households)	Pre 1919	335	6.4%	4,062	7.0%	154,290	7.0%
	1919 - 1945	261	5.0%	3,604	6.2%	113,788	6.2%
	1946 - 1960	249	4.8%	3,756	6.5%	132,276	6.5%
	1961 - 1970	300	5.7%	3,574	6.1%	122,685	6.1%
	1971 - 1980	627	12.0%	7,580	13.0%	224,733	13.0%
	1981 - 1990	615	11.8%	7,006	12.0%	185,556	12.0%
	1991 - 2000	794	15.2%	8,811	15.1%	267,186	15.1%
	2001 - 2010	1,535	29.4%	14,762	25.4%	450,817	25.4%
	2011 - 2015	199	3.8%	1,619	2.8%	49,160	2.8%
	2016 or later	192	3.7%	1,936	3.3%	93,128	3.3%
	Not stated	111	2.1%	1,469	2.5%	43,109	2.5%

Housing (Continued)

		Killorglin CFRC Catchment Area		Kerry		State	
		Number	Percentage	Number	Percentage	Number	Percentage
Housing by tenure (no. of households)	Owned with mortgage or loan	1,309	25.6%	13,202	30.8%	531,207	30.8%
	Owned outright	2,473	19.9%	27,458	27.3%	679,718	27.3%
	Rented from private landlord	711	19.0%	8,377	28.5%	330,632	28.5%
	Rented from Local Authority	362	22.9%	4,683	27.1%	153,192	27.1%
	Rented from voluntary/co-operative housing body	16	47.9%	691	57.4%	29,880	57.4%
	Occupied free of rent	155	47.0%	1,458	53.1%	31,864	53.1%
	Not stated	192	60.7%	2,310	66.7%	80,235	66.7%

Commuting and Car Ownership

Commuting	On foot	746	7.7%	9,647	9.4%	456,291	9.4%
	Bicycle	60	0.6%	1,245	1.2%	97,212	1.2%
	Bus, minibus or coach	528	5.5%	6,426	6.3%	323,923	6.3%
	Train, DART or LUAS	24	0.2%	281	0.3%	85,316	0.3%
	Motorcycle or scooter	13	0.1%	134	0.1%	9,150	0.1%
	Car driver	3,976	41.2%	40,426	39.3%	1,254,419	39.3%
	Car passenger	2,365	24.5%	23,745	23.1%	691,044	23.1%
	Van	668	6.9%	6,513	6.3%	148,823	6.3%
	Other (incl. lorry)	35	0.4%	483	0.5%	14,092	0.5%
	Work mainly at or from home	744	7.7%	7,122	6.9%	266,726	6.9%
	Not stated	490	5.1%	6,722	6.5%	266,412	6.5%
Car ownership	No motor car	395	7.6%	6,150	10.6%	245,455	10.6%
	1 motor car	1,955	37.5%	22,987	39.5%	696,979	39.5%
	2 motor cars	2,030	38.9%	19,930	34.3%	594,716	34.3%
	3 motor cars	464	8.9%	4,248	7.3%	121,594	7.3%
	4 or more motor cars	137	2.6%	1,536	2.6%	46,658	2.6%
	Not stated	237	4.5%	3,328	5.7%	131,326	5.7%



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